

## Sports

# W I N T E R S P O R T S P R E V I E W

### Boys Basketball

**Head coach:** Todd Grunloh

**Team captains:** Jamal Thomas (Sr.) and James Connolly (Jr.)

**Important games:** Martin Luther King Jr. Tournament, Grayslake Central

**Goals for the season:** "I think that we need to continue to improve throughout the season, and if we do, we could compete for the Conference championship. Our new conference creates challenges on every single night, so we will have our work cut out for us."

**Athletes to watch:** Returning varsity starters Jamal Thomas (Sr.) and James Connolly (Jr.)

- Coach Grunloh

### Girls Bowling

**Head coach:** Laura Bertermann

**Team captain:** Payton Bertermann (Sr.)

**Important games:** Strikefest in Joliet, Prospect Invite, Guilford Viking Tournament in Rockford, NLCC Tournament

**Goals for the season:** "The team expectation is to be Conference champs and advance to State by being in the top 4 at both Regionals and Sectionals. Additionally, this team is made up of all levels of bowlers with one common goal, to improve their skill level and competitive edge."

**Athletes to watch:** Payton Bertermann (Sr.) and Gaby Silva (Jr.) both plan on bowling collegiatley

- Coach Bertermann

### Wrestling

**Head coach:** Collin McKillip

**Team captains:** Joseph Arroyo (Sr.) and Alexander Moran (Sr.)

**Important meets:** "We wrestle in 4 big tournaments: Barrington, Harvard, DeKalb and Sycamore. We host Grayslake Central on 1/20 for senior night."

**Goals for the season:** "To become better teammates in the practice room and at competitions."

**Athletes to watch:** Last year's State placer Joe Arroyo (Sr.), Adam Blonski (So.), Alex Moran (Sr.), Michael Johnson (Jr.), Zach McCauley (Jr.), Angel Flores (Jr.)

- Coach McKillip

### Girls Basketball

**Head coach:** Rob Nicolletti

**Team captains:** Sidney Lovitsch (Sr.) Abby Fish (Sr.) Savannah Guenther (So.)

**Important games:** "Our conference schedule will be tough with the new schools we play, and a big tournament for us will be over Martin Luther King Jr. weekend in Washington, IL."

**Goals for the season:** "Our players want to have a winning record at the end of the season."

**Athletes to watch:** Four-year varsity starter Sidney Lovitsch (Sr.) Savannah Guenther (So.) Margaret Stanfel (So.) and Jordyn Gerdes (So.)

- Coach Nicolletti

### Boys Bowling

**Head coach:** Greg Geiger

**Team captains:** Danny Yates (Sr.) and Cole Pelgrino (Sr.)

**Important games:** "We are competing in multiple tournaments this season to help prepare the team for the Regional/Sectional Tournament. We are also competing against Grayslake Central for the first time this season."

**Goals for the season:** "Last year only Cole Pelegrino and Danny Yates qualified for Sectionals. It is very difficult to compete individually, and we want our entire team to qualify so that we have a better chance of making it to State this year."

**Athletes to watch:** Cole Pelegrino (Sr.) Danny Yates (Sr.) Anthony Dorsey (Sr.) Erik Cournoyer (Sr.)

- Coach Geiger